
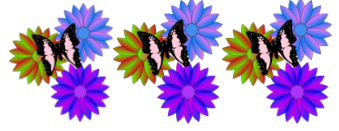










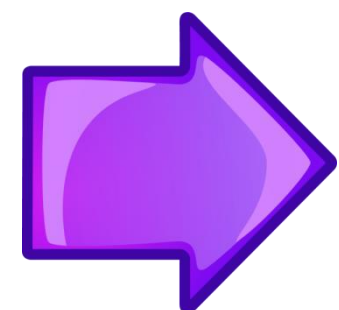
 <p style="text-align: center;">May 2016</p>	<p style="text-align: center;">Times are Subject to Change</p>  <p style="text-align: center;">DELTA ALLIANCE FOR WELLNESS & NETWORKING</p> <p style="text-align: center;">moving forward together</p>	 <p style="text-align: center;">May 2016</p>	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2. Open 9-4 MENTAL HEALTH WEEK 11:00- Dale on Medications</p>  <p>11:30am-1:00pm- Culinary Work Skills and Lunch- Cost \$3.00 1:30pm-3:00pm- <u>YOU GOTTA HAVE ART</u> 3:00pm-4:00pm- Coffee and end of the day clean-up.</p>	<p>3. Open 10-5 MENTAL HEALTH WEEK 12:30- Picnic at Bear Creek Park 1:45 A Walk in the Park 2:30 Jammin' with Jared- Entertainer 3:30 Dessert & Surprise Draws</p> 	<p>4. Open 12-7 MENTAL HEALTH WEEK 12:30pm- 1pm-<u>HELP KEEP YOUR CLUBHOUSE CLEAN-CLUBHOUSE WORK</u> 4 Dance Let's Go Dancing in Spain with Gino</p> 	<p>5. Open 9-4 MENTAL HEALTH WEEK 10:00am-11:00am- JOB CLUB 11:30am-12:30pm-<u>HELP KEEP YOUR CLUBHOUSE CLEAN-CLUBHOUSE WORK</u> 1:30 Steve Bentley - Community Liaison Officer – Come and meet him. 3:00pm-4:00pm- Coffee and end of the day clean-up</p> 	<p>6. Open 9-4 MENTAL HEALTH WEEK 10:00am-11:00am- JOB CLUB 11:00pm-11:30am-<u>Members Meeting</u> 11:30am-12:30pm-<u>HELP KEEP YOUR CLUBHOUSE CLEAN-CLUBHOUSE WORK</u> 11:30am-1:00pm-Culinary Work Skills& Lunch-Cost \$3 1pm Movie –“A Beautiful Mind”</p>
<p>9. 9am-4pm 10:00 -JOB CLUB 11:30am-12:30pm-<u>HELP KEEP YOUR CLUBHOUSE CLEAN-CLUBHOUSE WORK</u> 11:30am-1:00pm- Culinary Work Skills and Lunch- Cost \$3.00 1:30pm-3:00pm- <u>YOU GOTTA HAVE ART</u> 3:00pm-4:00pm- Coffee and end of the day clean-up.</p>	<p>10.-Open 9am-3pm 11-11:45- Ready, Set Work! 11:30-12:30pm-<u>HELP KEEP YOUR CLUBHOUSE CLEAN-CLUBHOUSE WORK</u> 11:30am-1:00pm-Culinary Work Skills and Lunch Cost \$3.00 1:00pm <u>HEALTHY BODY, HEALTHY MINDS</u> Closed at 3pm for Staff Meeting</p>	<p>11.-Open 9am-4pm 10:00am-11:00am- JOB CLUB 11:30am-12:30pm-<u>HELP KEEP YOUR CLUBHOUSE CLEAN-CLUBHOUSE WORK</u> 11:30am-1:00pm- Culinary Work Skills and Lunch- Cost \$3.00 2:30-3:30 Relationship Group</p>  <p>3:00pm-4:00pm- Coffee and end of the day clean-up</p>	<p>12.-Open 9am-4pm 10:00am-11:00am- JOB CLUB 11:30 Maureen - from Delta Mental Health on Employment 11:30am-12:30pm-<u>HELP KEEP YOUR CLUBHOUSE CLEAN-CLUBHOUSE WORK</u> 11:30am-1:00pm- Culinary Program – Veronica – Guest Chef Lunch-Cost \$3 1:30 Talking Tobacco 3:00pm-4:00pm- Coffee and end of the day clean-up</p>	<p>13 Open 9am-4pm 10:00am-11:00am- JOB CLUB 11:00pm-11:30am-<u>Members Meeting</u> 11:30am-12:30pm-<u>HELP KEEP YOUR CLUBHOUSE CLEAN-CLUBHOUSE WORK</u> 11:30am-1:00pm-Culinary Work Skills& Lunch-Cost \$3 1pm- DAWN Talks –Hope for the Future 3-4- Coffee,& end of the day clean-up</p>

<p>16 Open - 9am-4pm</p> <p>10:00 <u>JOB CLUB</u></p> <p>11:30am-12:30pm-<u>HELP KEEP YOUR CLUBHOUSE CLEAN- CLUBHOUSE WORK</u></p> <p>11:30am-1:00pm- Culinary Work Skills and Lunch- Cost \$3.00</p> <p>1:30pm-3:00pm- <u>YOU GOTTA HAVE ART</u></p> <p>3:00pm-4:00pm- Coffee and end of the day clean-up.</p>	<p>17.-Open 9am-4pm</p> <p>11-11:45 - <u>Ready, Set Work!</u> Skills for the Workplace</p> <p>11:30am-12:30pm-<u>HELP KEEP YOUR CLUBHOUSE CLEAN- CLUBHOUSE WORK</u></p> <p>11:30am-1:00pm-Culinary Work Skills and Lunch- Cost \$3.00</p> <p>1:00 – <u>HEALTHY BODY-HEALTHY MIND</u></p> <p>3:00pm-4:00pm- Coffee and end of the day clean-up</p> <p>CALL AFERDITA ABOUT TODAY'S YOUNG ADULTS OUTING</p>	<p>18Open 9am-4pm</p> <p>10:00am- <u>JOB CLUB</u></p> <p>11:30am-12:30pm-<u>HELP KEEP YOUR CLUBHOUSE CLEAN- CLUBHOUSE WORK</u></p> <p>11:30am-1:00pm- Culinary Work Skills and Lunch- Cost \$3.00</p> <p>1:00 <u>Joyce Baker</u> – Concurrent Disorder- Education/ Discussion Group</p> <p>3:00pm-4:00pm- Coffee and end of the day clean-up</p>	<p>19- Open 9am-4pm</p> <p>10:00- <u>JOB CLUB</u></p> <p>11:30am-12:30pm-<u>HELP KEEP YOUR CLUBHOUSE CLEAN- CLUBHOUSE WORK</u></p> <p>11:30am-1:00pm-Culinary Work Skills and Lunch Cost \$3.00</p> <p>1:30 <u>Talking Tobacco</u></p>  <p>3:00pm-4:00pm- Coffee and end of the day clean-up</p>	<p>20-Open 9am-4pm</p> <p>10:00am-11:00am- <u>JOB CLUB</u></p> <p>11:00 -<u>Members Meeting</u></p> <p>11:30am-12:30pm-<u>HELP KEEP YOUR CLUBHOUSE CLEAN- CLUBHOUSE WORK</u></p> <p>11:30am-1:00pm- Culinary Work Skills and Lunch- Cost \$3.00</p> <p>1:00pm DAWN Talks – making yourself better</p> <p>3:00pm-4:00pm- Coffee and end of the day clean-up</p>
<p>23- Closed</p>  <p>VICTORIA DAY</p>	<p>24.</p> <h1 style="text-align: center;">Closed for Recovery Plans</h1>	<p>25 .-Open 9am-4pm</p> <p>10:00am-<u>JOB CLUB</u></p> <p>11:30am-12:30pm-<u>HELP KEEP YOUR CLUBHOUSE CLEAN- CLUBHOUSE WORK</u></p> <p>11:30am-1:00pm- Culinary Work Skills and Lunch- Cost \$3.00</p> <p>2:30-3:30 <u>Relationship Group</u></p>  <p>3:30pm-4:00pm- Coffee and end of the day clean-up</p>	<p>26 Open 9am-4pm</p> <p>10:00am-<u>JOB CLUB</u></p> <p>11:30am-12:30pm-<u>HELP KEEP YOUR CLUBHOUSE CLEAN- CLUBHOUSE WORK</u></p> <p>11:30am-1:00pm-Culinary Work Skills& Lunch-Cost \$3</p> <p>1:30 <u>Talking Tobacco</u></p> <p>3:00pm-4:00pm- Coffee and end of the day clean-up</p>	<p>27 Open 9am-4pm</p> <p>10:00am-<u>JOB CLUB</u></p> <p>11:00 -<u>Members Meeting</u></p> <p>11:30am-12:30pm-<u>HELP KEEP YOUR CLUBHOUSE CLEAN- CLUBHOUSE WORK</u></p> <p>11:30am-1:00pm- Culinary Work Skills and Lunch- Cost \$3.00</p> <p>1pm DAWN Talks- Self Confidence</p> <p>3:00pm-4:00pm- Coffee and end of the day clean-up</p> <p>CALL AFERDITA ABOUT TODAY'S YOUNG ADULTS OUTING</p>
<p>30 .-Open 9am-4pm</p> <p>10:00am-<u>JOB CLUB</u></p> <p>11:30am-12:30pm-<u>HELP KEEP YOUR CLUBHOUSE CLEAN- CLUBHOUSE WORK</u></p> <p>11:30am-1:00pm- Culinary Work Skills and Lunch- Cost \$3.00</p> <p>1:30pm-3:00pm- <u>YOU GOTTA HAVE ART</u></p> <p>3:00pm-4:00pm- Coffee and end of the day clean-up</p>	<p>31 Open 9am-4pm</p> <p>11-11:45- <u>Ready, Set Work!</u> Skills for the Workplace</p> <p>11:30-12:30pm-<u>HELP KEEP YOUR CLUBHOUSE CLEAN- CLUBHOUSE WORK</u></p> <p>11:30am-1:00pm-Culinary Work Skills and Lunch Cost \$3.00</p> <p>1:00 <u>HEALTHY BODY, HEALTHY MINDS</u></p> <p>3:00pm-4:00pm- Coffee and end of the day clean-up</p>			<p>Dates to Remember</p> <p><u>MENTAL HEALTH WEEK</u></p> <p><u>MAY 2-6</u></p> <p>May 2 – Dale talks on Medications</p> <p>May 3 – Picnic Bear Creek Park</p> <p>May 4 Spanish Dance</p> <p>May 5 – Steve Bentley Community Police Liaison</p> <p>May 6 – “A Beautiful Mind”</p> <p>May 10,17,24,31 - Ready, Set, Work</p> <p>May 11, 25 – Relationship Group</p> <p>May 12 Maureen on Employment</p> <p>May 13, 20, 27 DAWN Talks</p>