


	<h1 style="text-align: center;">January 2017</h1>	<p style="text-align: center;">**Please note that dates and times are subject to change.</p>  <p style="text-align: center;">D.A.W.N. SOCIETY DELTA ALLIANCE FOR WELLNESS & NETWORKING moving forward together</p>	<h1 style="text-align: center;">January 2017</h1>	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2.</p> <p style="font-size: 2em; font-weight: bold;">CLUBHOUSE CLOSED</p>	<p>3. Open 9am-4pm</p> <p>11:00am-11:45am - Ready, Set Work!</p> <p>11:30am-1:00pm- Culinary Work Skills and Lunch (Cost \$3.00)</p> <p>1:15pm-HEALTHY BODY-HEALTHY MIND</p> <p>2pm- Project Giveback – Dictionaries.</p> <p>3:00pm-4:00pm-Coffee and end of the day clean up</p>	<p>4. Open 9am-4pm</p> <p>10:00am-11:00am-Computer Class</p> <p>11:30am-Special Clubhouse Meeting-Jennifer Discusses Clubhouse Redesign</p> <p>11:30am-1:00pm- Culinary Work Skills and Lunch (Cost \$3.00)</p> <p>1:30pm- Project Giveback – Dictionaries.</p> <p>3:00pm-4:00pm-Coffee and end of the day clean up</p>	<p>5. Open 9am-4pm</p> <p>11:30am-1:00pm- Culinary Work Skills and Lunch (Cost \$3.00)</p> <p>1:30-3:00pm- Workshop on Online Safety</p> <p>3:00pm-4:00pm-Coffee and end of the day clean up</p>	<p>6. Open 9am-4pm</p> <p>10:00am-WAY In Healthy Eating</p> <p>11:30am-Members Meeting</p> <p>11:30am-1:00pm-Culinary Work Skills & Lunch (Cost \$3)</p> <p>1:00pm-3:00pm-DAWN Talks: Low cost activities</p> <p>3:00pm-4:00pm-Coffee and end of the day clean up</p>
<p>9. Open 9am-4pm</p> <p>11:30am-1:00pm- Culinary Work Skills and Lunch (Cost \$3.00)</p> <p>1:30pm-3:00pm-YOU GOTTA HAVE ART (Peer Led)</p> <p>3:00pm-4:00pm-Coffee & end of the day clean up</p>	<p>10. Open 9am-4pm</p> <p>10am- Project Giveback - Dictionaries</p> <p>11:00am-11:45am - Ready, Set Work!</p> <p>11:30am-1:00pm- Culinary Work Skills and Lunch (Cost \$3.00)</p> <p>1:15pm-HEALTHY BODY-HEALTHY MIND – Start your Year of Healthy Eating</p> <p>3:00pm-4:00pm-Coffee and end of the day clean up</p>	<p>11. Open 9am-4pm</p> <p>10:00am-11:00am-Computer Class</p> <p>11:30am-1:00pm- Culinary Work Skills and Lunch (Cost \$3.00)</p> <p>1:00pm- Project Giveback - Dictionaries</p> <p>3:00pm-4:00pm-Coffee and end of the day clean up</p> <p style="text-align: center;">Young Adults in-House Game Day at 1:30pm Please Contact Aferdita</p>	<p>12. Open 9am-4pm</p> <p>11:30am-1:00pm- Culinary Work Skills and Lunch (Cost \$3.00)</p> <p>1:30pm-3:00pm- Managing Self-Care in relationships</p> <p>3:00pm-4:00pm-Coffee and end of the day clean up</p>	<p>13. Open 9am-4pm</p> <p>10:00am-WAY In Healthy Eating</p> <p>11:00am-Members Meeting</p> <p>11:30am-1:00pm- Culinary Work Skills and Lunch (Cost \$3.00)</p> <p>1:00pm-3:00pm-DAWN Talks: Hopes and Dreams for the New Year</p> <p>3:00pm-4:00pm-Coffee & end of the day clean up</p>

<p>16. Open 9am-4pm</p> <p>11:30am-1:00pm- Culinary Work Skills and Lunch (Cost \$3.00) 1:30pm-3:00pm-YOU GOTTA HAVE ART 3:00pm-4:00pm-Coffee & end of the day clean up</p>	<p>17. Open 9am-4pm</p> <p>11:00am-11:45am - Ready, Set Work! Skills for the Workplace 11:30am-1:00pm- Culinary Work Skills and Lunch (Cost \$3.00) 1:15pm-HEALTHY BODY-HEALTHY MIND – Stretch Class 3:00pm-4:00pm-Coffee and end of the day clean up</p>	<p>18. Open 9am-4pm</p> <p>10:00am-11:00am-Computer Class 11:30am-1:00pm-Culinary Work Skills and Lunch- (Cost \$3.00) 1:30pm Budgeting in the New Year 3:00pm-4:00pm-Coffee and end of the day clean up</p>	<p>19. Open 9am-4pm</p> <p>11:30am-1:00pm-Culinary Work Skills and Lunch (Cost \$3.00) 1:30pm-3:00pm- Peer-Led Craft 3:00pm-4:00pm-Coffee and end of the day clean up</p>	<p>20. Open 9am-4pm</p> <p>10:00am-WAY In Healthy Eating 11:00am-Members Meeting 11:30am-1:00pm- Culinary Work Skills and Lunch (Cost \$3.00) 1:00pm-3:00pm-DAWN Talks: Communication by texting, calling, emailing, face-to-face or writing a letter 3:00pm-4:00pm-Coffee & end of the day clean up</p>
<p>23. Open 9am-4pm</p> <p>11:30am-1:00pm- Culinary Work Skills and Lunch (Cost \$3.00) 1:30pm-3:00pm-YOU GOTTA HAVE ART 3:00pm-4:00pm-Coffee & end of the day clean up</p>	<p>24. Open 9am-3pm</p> <p>11:00am-11:45am - Ready, Set Work! 11:30am-1:00pm- Culinary Work Skills and Lunch (Cost \$3.00) 1:15pm- HEALTHY BODY-HEALTHY MIND – Meditation</p> <p style="text-align: center;">Clubhouse CLOSED at 3:00PM For STAFF MEETING</p>	<p>25.</p> <p style="text-align: center;">CLUBHOUSE CLOSED FOR Re-Design Planning</p>	<p>26. Open 9am-4pm</p> <p>11:30am-1:00pm-Culinary Work Skills and Lunch (Cost \$3.00) 1:30pm-3:00pm- De-Cluttering Tips 3:00pm-4:00pm-Coffee and end of the day clean up</p>	<p>27. Open 9am-4pm</p> <p>10:00am-WAY In Healthy Eating 11:00am-Members Meeting 11:30am-1:00pm- Culinary Work Skills and Lunch (Cost \$3.00) 1:00pm-3:00pm-DAWN Talks: Safety in the Community 3:00pm-4:00pm-Coffee & end of the day clean up</p> <p style="text-align: center;">Young Adults Trip to Metrotown Mall at 10:30am Please Contact Aferdita</p>
<p>30. Open 9am-4pm</p> <p>11:30am-1:00pm- Culinary Work Skills and Lunch (Cost \$3.00) 1:30pm-3:00pm-YOU GOTTA HAVE ART 3:00pm-4:00pm-Coffee & end of the day clean up</p>	<p>31. Open 9am-4pm</p> <p>11:00am-11:45am - Ready, Set Work! Skills for the Workplace 11:30am-1:00pm- Culinary Work Skills and Lunch (Cost \$3.00) 1:15pm- HEALTHY BODY-HEALTHY MIND – How to cope with Winter blues 3:00pm-4:00pm-Coffee and end of the day clean up</p>	<p>Dates to Remember:</p> <p>YOU GOTTA HAVE ART Jan. 9, 16, 23, 30 HEALTHY BODY-HEALTHY MIND Jan. 3, 10, 17, 24, 31 Computer Class Jan. 4, 11, 18, 25 WAY In Jan. 6, 13, 20, 27 Members Meeting Jan. 6, 13, 20, 27 DAWN Talks Jan. 6, 13, 20, 27 Special Clubhouse Meeting Jan. 4</p>		<p style="text-align: center;">PH: 604.596.6694</p> <p style="text-align: center;">www.dawnsociety.ca (access our calendar online)</p>